



SYSTEMIC HEALTH STATUS

This page is to be filled in by the general practitioner, specialist, nurse or nurse practitioner.

Patient Name: _____ **Age:** _____

1. Oral health and overall health

My patient's oral health needs to be monitored closely due to presence of or suspected presence of the following conditions:

- Cardiovascular disease
- Endocarditis
- Stroke
- Diabetes
- Pregnancy and birth complications
- Pneumonia
- HIV/AIDS
- Osteoporosis
- Alzheimer's disease
- Parkinson's disease
- Autoimmune disease (MS, Rheumatoid Arthritis, Lupus)
- Cancer and cancer treatment
- Other: _____

2. For patients living with diabetes

2.1 Metabolic control

- Good
- Moderate
- Poor

2.2 Compliance with diabetic treatment regimen



2.3 Existing diabetic complications

If there are any, please specify: _____

2.4 Medication

Please specify the prescribed medication: _____

3. Oral health

Please indicate if you have had a chance to discuss the following oral health related topics with your patient:

- The link between diabetes and periodontitis (can negatively impact metabolic control and treatment success, increases risk of complications)
 - Importance of (bi)-annual dental check-up
 - Oral hygiene (brush twice a day and perform interdental cleaning)
 - Signs and symptoms of gum disease (red/swollen gums, bleeding, bad taste, "longer teeth", bad breath, loose teeth, widening spaces between teeth, dry and/or "burning mouth")
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4. Optional comment

Kind regards,

Name _____

Medical practice address _____

Date _____ Signature _____